



# THE FAMILY JEWELS

## RING SIZING GUIDE

### HOW TO USE THIS GUIDE

Before starting, use a ruler to confirm the printed paper size in the box to the right.

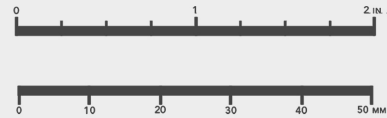
Pull tightly. The sizer must fit snugly to produce an accurate size.

Measure your finger at the time of the day when it will be at its largest, this is usually at the end of the day.

Avoid measuring your fingers when they are cold or damp.

Bands and rings over 5mm in width may fit your finger more tightly than rings of the same size in narrower widths.

### CONFIRM PRINTED PAPER



Measure the above bar to ensure it has printed exactly 2 inches, or 50mm, long. If measurement is not accurate, ring size measurement will not be completed properly.

### FIND YOUR RING SIZE

#### METHOD 1: CREATE YOUR OWN

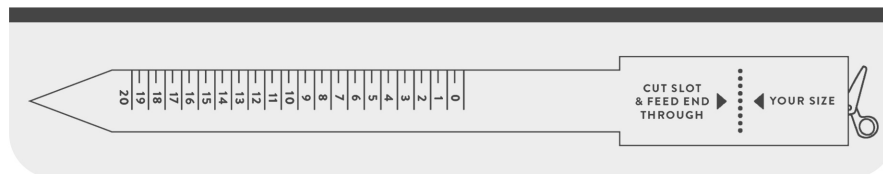
You'll need:

- String
- Pen or marker
- Ruler

1. Cut a piece of string to at least 3 inches long
2. Wrap it around the base of the finger you plan to wear your ring on. Make sure it's snug!
3. Using a pen or marker, mark where the ends overlap.
4. Lay the string flat and use a ruler to measure the length in millimeters
5. Use the Ring Size Conversion Chart below to find your corresponding ring size (circumference measurement below)

#### METHOD 2: PRINT YOUR SIZER

1. Cut out the ring sizer below
2. Wrap the ring sizer snugly around the widest part of the intended finger so that the numbers are visible to you and insert the pointed end through the slit you made in the sizer
3. Make note of the number that lines up with the slit, this is your ring size!



#### METHOD 3: MEASURE A CURRENT RING

1. Choose a ring that correctly fits the finger you are purchasing the ring for.
2. Lay the ring over each of the size circles below until you are able to closely match the INSIDE EDGE of the ring to one of the circles on the guide.

### RING SIZE CONVERSION

Measurements are equivalent to the interior circumference of the corresponding ring size

